

# Antarchakshu<sup>®</sup> – The Eye Within

## Experience the Unexplored world



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### About The Workshop

A module developed and conceptualized by the XRCVC, Antarchakshu<sup>®</sup> – The Eye Within is a simulation workshop aimed at creating a sneak preview for the sighted into the world of the visually challenged. It's a simulated environment where participants, through experiencing a disability simulation, will learn to reflect on personal attitudes towards people with vision impairment.

### About The Workshop

A module developed and conceptualised by the XRCVC.

This simulation is then followed by an interactive session and/or presentation. The objective of the module is to equip its participants with insight, understanding and basic facts about the lives of the visually impaired, the 'How?' of their lives as also to foster an insight in developing their own personal perspective on the issue.

### Objectives of the Session

1. To help participants reflect on attitudes and beliefs towards persons with vision impairment.
2. Orient participants to concepts of inclusion, accessibility, equal opportunity employment and related ideas.
3. Through the experience, help participants gain valuable insights of personal strength, ability to work around situations, power of imagination, and the inherent human capacity to overcome odds through innovation and determination.

Hence Antarchakshu serves the dual aim of not only sensitising participants to disability but serves as a potent HR and OD tool towards personnel growth and motivation.

**Duration of the Session:** Approximately 2.5 hours

**Maximum Participants per Batch:** 35

**Minimum Number of participants required:** 15

### Methodology:

Interactive exercises, group discussion and lecture inputs.

### Requirements:

- Venue preferably with movable chairs and enough space to walk around
- LCD Projector

### Conducted By:

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***\* It is critical that all participants should be present throughout the session. Given the manner in which the activities are structured, joining / leaving half way defeats the purpose of the session.***